

WINTER 2015



MENU WEEK 1

	BREAKFAST	LUNCH	TEA	CHOICE of SNACK
MONDAY	A choice of Cornflakes, Shreddies or Rice Krispies	Creamy Bacon Pasta with tasty Vegetables Dorset Apple Cake <i>V – Creamy Mushroom Pasta</i>	Selection of Sandwiches, Crudites and Dips Melon & Grapes	Pitta & Grated Cheese
TUESDAY	A choice of Porridge, Warm Weetabix or Shreddies	Roast Turkey & Stuffing with Potatoes, Sprouts, Parsnips, Cauliflower & Cranberry Sauce Fromage Frais <i>V – Quorn Fillet</i>	Broccoli and Potato Soup with Crusty Bread Bananas & Raisins	Carrot & Cucumber
WEDNESDAY	Fruit Loaf	Tasty Beef Hotpot with Carrots & Swede Mixed Berry Jelly <i>V – Mixed Vegetable Hotpot</i>	Homemade Sausage Rolls with Barbeque Dip Pears & Plums <i>V – Cheese Wheel</i>	Breadsticks with mixed peppers
THURSDAY	Cereals with Sliced Banana	Herb Crusted Cod with New Potatoes, Green Beans & Sweetcorn Apple Smiles & Satsuma segments <i>V – Broccoli Cheese Bake</i>	Spaghetti on Muffins Vanilla Shortbread	Raspberries & Rice Cakes
FRIDAY	Croissants	Chicken and Vegetable Biryani with Poppadoms Fruit Surprise <i>V – Vegetable Biryani</i>	Fishfinger sandwiches Mango & Pear Crumble with Custard <i>V – Vegetable Fingers</i>	Weetabix or Puffed Wheat

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FIRST TASTES

WEEK 1

	BREAKFAST	LUNCH	TEA
MONDAY	<i>Baby Porridge</i>	<i>Tasty Mixed Vegetables</i> <i>Stewed Apple</i>	<i>Carrot & Parsnip</i> <i>Melon with Baby Rice</i>
TUESDAY	<i>Fruit Puree</i>	<i>Green Bean & Cauliflower</i> <i>Baby Fromage Frais</i>	<i>Broccoli & Potato</i> <i>Baked Banana</i>
WEDNESDAY	<i>Baby Rice</i>	<i>Root Vegetable Puree</i> <i>Blueberry & Raspberry</i>	<i>Sweet Potato & Cinnamon</i> <i>Pear & Plum</i>
THURSDAY	<i>Banana Puree</i>	<i>Butternut Squash</i> <i>Rainbow Fruits</i>	<i>Cabbage & Leek</i> <i>Apricot</i>
FRIDAY	<i>Pear Puree with Baby Rice</i>	<i>Sweet Pepper Puree</i> <i>Autumn Fruits</i>	<i>Baby Ratatouille</i> <i>Mango & Apple</i>

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MENU WEEK 1 - STAGE 2

	BREAKFAST	LUNCH	TEA	SNACK
MONDAY	A choice of Cornflakes, Shreddies or Rice Krispies	Creamy Pasta with tasty Vegetables Dorset Apple Cake	Selection of Sandwich Soldiers and Dips Melon & Grapes	Pitta & Grated Cheese
TUESDAY	A choice of Porridge, Warm Weetabix or Shreddies	Roast Turkey & Stuffing with Potatoes, Sprouts, Parsnips, Cauliflower & Cranberry Sauce Fromage Frais <i>V - Quorn Fillet</i>	Broccoli and Potato Soup with Soft Bread Bananas & Raisins	Soft Carrot & Cucumber
WEDNESDAY	Fruit Loaf	Tasty Beef Hotpot with Carrots & Swede Rainbow Jelly <i>V - Mixed Vegetable Hotpot</i>	Cauliflower & Broccoli Cheese Pears & Plums	Breadsticks with soft peppers
THURSDAY	Cereals with Sliced Banana	Herb Crusted Cod with New Potatoes, Green Beans & Sweetcorn Sliced Apple <i>V - Broccoli Cheese Bake</i>	Spaghetti on Muffins Vanilla Shortbread	Raspberries & Rice Cakes
FRIDAY	Croissants	Chicken and Vegetable Biryani with mini Naan Bread Fruit Surprise <i>V - Vegetable Biryani</i>	Fishfinger sandwiches Mango & Pear Crumble with Custard <i>V - Vegetable Fingers</i>	Weetabix or Puffed Wheat

